

CLASSICS

CRAFT YOUR OWN EGGS

Two farm fresh eggs any style, bacon or sausage, toast, breakfast potatoes | 20

BREAKFAST HASH GF

Two eggs any style, double smoked bacon, brussel sprout & sweet potato hash, piperade sauce | 18

SMASHED AVOCADO TOAST V

Two eggs any style, arugula, tomato, pickled red onion, sourdough, balsamic reduction | 17

CRAFT YOUR OWN OMELETTE

Two farm fresh eggs, breakfast potatoes, toast, your choice of 4 of the following ingredients | 20

- Bacon
- Ham
- Tomato
- Mushroom
- Onion
- Bell Pepper
- Broccoli
- Cheddar
- Feta

FRESH FRUIT

VITALTY DRINK V GF

Carrot, orange, ginger | 5

MARKET FRUIT & BERRIES V GF

A bountiful selection of the season's best | 10

ALMOND GRANOLA PARFAIT V

Greek yogurt, dried fruit, local honey, cinnamon | 12

BOWL OF BERRIES V GF

In-season assorted berries | 5

BENEDICTS

CLASSIC BENEDICT

Poached eggs, sharp cheddar mornay, double smoked bacon, breakfast potatoes, buttermilk biscuit | 20

SMOKED SALMON BENNY

Poached eggs, dill Hollandaise, wilted arugula, red onion, fried capers, breakfast potatoes, buttermilk biscuit | 20

VEGGIE BENNY V

Poached eggs, lemon chive Hollandaise, spinach, tomato, bell peppers, breakfast potatoes, buttermilk biscuit | 18

ON THE SIDE

BAGEL & CREAM CHEESE V

Toasted bagel smeared with cream cheese | 5

CEREAL V

Choose from Special K, Fruit Loops, All Bran, Muslix, or Cornflakes | 4

TWO FARM FRESH EGGS | 5

PORK SAUSAGES | 5

DOUBLE SMOKED BACON | 5

ASSORTED YOGURT | 4

BEVERAGES

JUICE

Orange, grapefruit, apple, cranberry, tomato | 5

MILK

2%, skim, soy | 4

STARBUCKS® COFFEE | 4

LATTE or CAPPUCINO | 5.5

ESPRESSO | 5

ASSORTED TAZO® TEAS | 4

HOT CHOCOLATE | 4

SWEET SELECTIONS

BUTTERMILK PANCAKES V

Maple syrup, whipped cream, fresh strawberries | 16

SUGAR SHACK WAFFLES V

Caramelized bananas, maple syrup, whipped cream | 16

STEEL-CUT OATMEAL V

Cinnamon, apple & apricot compote, sweet walnuts, local honey | 13

WE PROUDLY SERVE
100% HALAL
CERTIFIED MEAT

MENU KEY:
V Vegetarian
GF Gluten Free

Please advise your server of any allergies and/or intolerances prior to ordering. Prices do not include tax and gratuity. Consuming raw or undercooked eggs, meats, poultry, seafood or shellfish may increase your risk of foodborne illness, especially if you have certain medical conditions.

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LIFT